

D56 BAND PRACTICE REFLECTION

Name	Q2 2018 - Due 11/24/2018
Instrument	Days I plan to practice this month S M T W Th F S

MUSICAL GOALS

<input type="checkbox"/> Check off ____ songs for Band Karate	<input type="checkbox"/> Memorize ____ scales	<input type="checkbox"/> _____
<input type="checkbox"/> Get my _____ belt	<input type="checkbox"/> _____	<input type="checkbox"/> _____

WHAT TO PRACTICE

<u>Warm-Ups</u> Bb, Eb scales Chromatic scale Practice Packet page 2 or 3	<u>Review</u> Old songs Old scales	<u>New Material</u> Joy (Smart Music) Snow Day In the Bleak Midwinter We Wish You A Merry... [jazz band music] Band Karate
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PRACTICE STRATEGIES

<input type="checkbox"/> Break into small chunks	<input type="checkbox"/> Start slow, gradually get faster	<input type="checkbox"/> Listen to recordings of great players on my instr.
<input type="checkbox"/> Repeat several times	<input type="checkbox"/> Use a metronome	<input type="checkbox"/> Other: _____

REFLECTION: HOW'S IT GOING?

- Did you generally practice on the days that you planned to?
- How much did you improve on band karate this month?
not at all 1 2 3 4 5 6 7 8 9 10 **a lot**
- How much did you improve on New Material this month?
not at all 1 2 3 4 5 6 7 8 9 10 **a lot**